

# Just Say

# NO



## Sitting at Jesus' Feet

Reasons you and I say yes when we should say no?

- We don't want to \_\_\_\_\_ people
- No one else will do it
- So and so really \_\_\_\_\_ us to do it
- We don't want to miss out on something \_\_\_\_\_
- We crave Kingdom-\_\_\_\_\_
- We're people-\_\_\_\_\_
- We don't want to feel guilty, selfish or \_\_\_\_\_
- We don't think it's very \_\_\_\_\_ to say 'no' to good people or worthy causes

### Jesus Says No:

1) To \_\_\_\_\_ of activity

- "You are worried and upset about \_\_\_\_\_ things, but only one thing is needed." (Luke 10:41)

2) To \_\_\_\_\_-centered service

- "Lord, don't you care that my sister has left \_\_\_\_\_ to do the work by \_\_\_\_\_. Tell her to help \_\_\_\_\_!" (Luke 10:40b)

3) Even to \_\_\_\_\_

- "Martha was distracted by all the \_\_\_\_\_." (Luke 10:40a)

→ The Greek behind the word 'preparations' is "\_\_\_\_\_."

## **The Key to the Mary/Martha Story:**

- “Sitting at Jesus’ \_\_\_\_\_” (v39)

→ This is the phrase used in the 1st century to describe a rabbi-\_\_\_\_\_ relationship

## **The Point of the Mary/Martha Story:**

- Mary understood the order of first \_\_\_\_\_ at Jesus’ feet and listening for His voice, and then \_\_\_\_\_ what He called her to do.

## **Reflection and Response:**

1) Spend time sitting at Jesus’ feet - intentionally listening for what He is calling you to do.

2) Jot down those things you sense Him saying to you.

3) Ask Him to help you say no to whatever you need to say no to - so that you can say yes to what He’s calling you to.