

\* A JAR OF \*

# Love and Appreciation



*Sometimes we forget to show love and appreciation to people who are closest to us. Use this fun craft to let everyone in your family know how much you care.*

**What you need:**

- Plastic jar with lid
- Heart-shaped foam pieces
- Heart-shaped stickers
- Glue
- Construction paper
- Scissors
- Pencil or crayons

**What you do:**

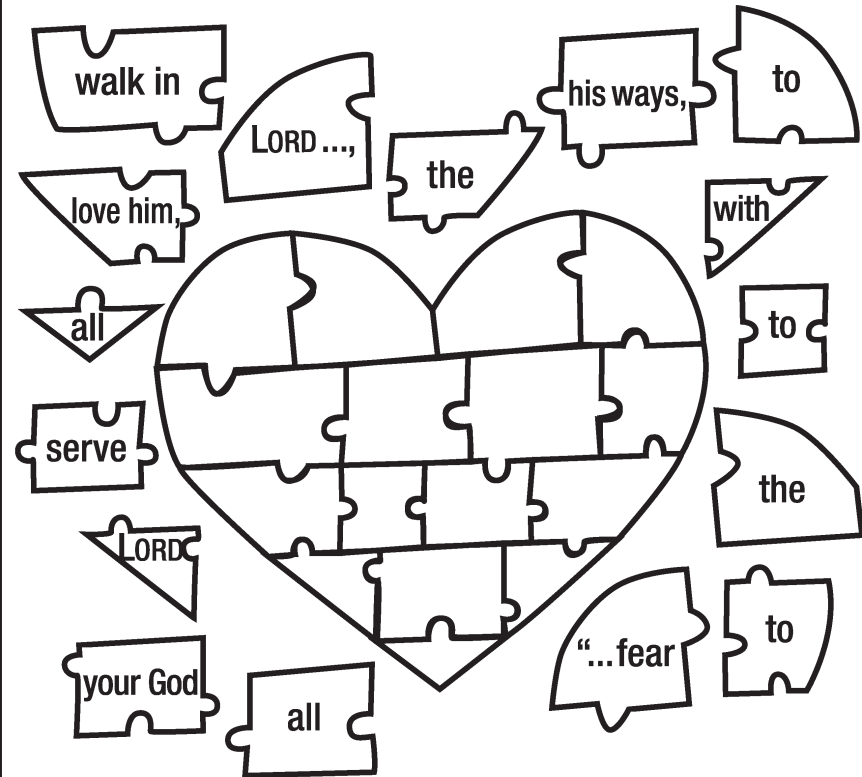
1. Decorate the jar and lid with heart-shaped foam pieces and stickers.
2. Cut out 2" or 3" heart shapes from the construction paper.
3. On each paper heart, write what you appreciate and love about your family and each member. Have all family members do this, too.
4. Place the heart messages inside the jar. Fold them in half, if necessary.
5. On each day in February, pull out one heart and read the message aloud to the family.
6. Notice the changes in your family when everyone feels loved and appreciated!



## Our first love

In Deuteronomy 10:12 (NIV), Israel is asked a question that's also for us to answer: "What does the LORD your God ask of you?"

To find the answer, write the words from the puzzle pieces on the matching shapes in the completed heart.



... your heart and with all your soul ..."

Answer: "... fear the LORD ... to walk in all his ways, to love him, to serve the LORD your God with all ..."